

## **MAPPING THE CONFLICT**

MY DEFINITION OF THE PROBLEM	THEIR DEFINITION OF THE PROBLEM
What needs of mine are involved?	What needs of theirs are involved?
What major values do you feel are involved here (e.g. strongly held beliefs I am prepared to act on: co-operation, human rights, ideological or cultural beliefs?)	What major values do they feel are involved here (e.g. strongly held beliefs they are prepared to act on: co-operation, human rights, ideological or cultural beliefs?)
What are my objectives and priorities?	What are their objectives and priorities?
What fears of mine need to be overcome?	What fears of theirs need to be overcome?
What life situation limits, or personal limitations are relevant (the boundaries my situation imposes on me?)	What life situation limits, or personal limitations, are relevant (the boundaries their situation imposes on them?)
	See next page



## **MAPPING THE CONFLICT (CONTD.)**

MY DEFINITION OF THE PROBLEM	THEIR DEFINITION OF THE PROBLEM
How do I see them? Am I stereotyping them a little or a lot?	How do they see me? Are they stereotyping me a little or a lot?
Can I write something now about their motivations and problems that can help me understand them better?	What can I do to expand their limited view of me?
Is there anything I'm holding against them?	Is there anything they're holding against me?
Would reviewing my attitude help?	Would talking about this hinder or help?
Am I willing to brainstorm options and discuss solutions with them?	Are they willing to brainstorm options and discuss solutions with me?
YES. WHEN? Set a date.	YES. WHEN? Set a date.
NO.	NO.
Do I need to work on the relationship independently of the problem?	Can I work on the relationship independently of the problem?